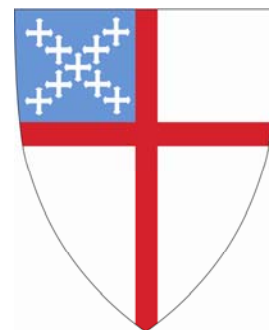


## Trinity Episcopal Parish



# THE LINK

## LENT 2010



### FROM THE RECTOR:

DEAR BROTHERS AND SISTERS IN CHRIST,

The season of Lent draws near. This Wednesday, February 17, is Ash Wednesday and Sunday, Feb. 21, is the first Sunday of Lent. Service times on these days will be 10:00 am and 6:30 pm for Ash Wednesday, and for the 21<sup>st</sup> there will be just one service at 10:30. I want to personally invite you all to attend these very moving and powerful services, and I would like to invite you to participate in a Holy Lent. This year our first Sunday of Lent will indeed be a special service as it will also be the Sunday of our Bishop's Visitation, which is the reason for just one service. After that service, please stick around and attend our reception for our Bishop.

Lent is a truly unique season. It is a season of reflection, a season of preparation, and a season of penitence. For me, my Lenten practices manifest themselves in several ways. As a husband, father, and athlete, Lent represents for me a time of discipline. As priest, Lent represents a time of reflection and preparation; and as Christian, a blessed person, and a sinner, Lent represents a time of confession and with Easter renewal. What does Lent represent to you? Is there something that you want to take on; is there excess that you need to strip away in order to focus on your calling, your vocation, and/or your passions? Is there something that you need to confess and ask forgiveness for? Lent can be a time for you to take a retreat in the midst of life and examine these things.

Paul writes in 2 Corinthians Chapter 3 that, "all of us with unveiled faces" can see "the glory of the lord as though reflected in a mirror" and in seeing that he writes that we can be transformed "into the same image." Imagine that! Imagine that upon personal spiritual reflection we—you and I—can see the image of God as if we were looking into a mirror, or, in other words, as if we were looking into ourselves. Scripture says repeatedly that we were created in God's own image. I am convinced that all the things in our lives that separate us from God and from whom we are called to be in God and Christ Jesus blur our vision of who we really are and who God is. Lent therefore is an opportunity and invitation for us to remove the veil of self and reconnect with our very nature and our various calls. As families and as individuals I urge you to take this opportunity.

As a church, our Lenten forums on Wednesday nights, beginning with our soup suppers at 5:00, will focus on mission and ministry. We will have guest speakers, and ample opportunity for questions and reflection. I

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particularly excited about our first Wednesday night together. On Wednesday, Feb. 24, we will have in our midst Marvin Spencer, a wonderful man, who has personal connections with several of the leaders of our parish including Kevin and Kathleen Wall. He will be speaking about a new ministry with parolees in our community, and what we, as a church, can do to participate in these circles of support.

Through this and in light of previous visitors such as Rev. Jay Pierce from Food for the Poor I hope that we as a body can ask the questions, "who are we called to be" "what are the barriers keeping us from that vision" and "what are our institutional veils?" We will also, have a 9:00 am bible study before each Wednesday morning service and in that we will ask the question, what is God calling us to be through the gospels.

The opportunity for a holy Lent and renewing Easter are upon us. Hopefully there is opportunity for everyone to participate. Embrace the experience and seek the image of God.



**BISHOP'S VISIT**

Bishop Scarfe will be at Trinity on Sunday, February 21—the first Sunday in Lent. We will celebrate one service that day at 10:30 AM. Afterward, please stay for a reception in honor of his visit.

**LENTEN SOUP SUPPERS**

Our traditional Lenten Forum & Soup Suppers begin Wednesday, February 24. Arrive at 5:00 pm for dinner, then stay for Rev. Mitch's Lenten Christian formation forum afterward.

**AGAPE MEAL**

Everyone is invited to join in fellowship at our annual Agape Meal at 5:30 pm on Maundy Thursday, April 1. Please bring your family and friends, along with food and drink to share. Stay afterward for the Maundy Thursday service at 6:30 pm.

**LENTEN LOVE LOAVES**

On Ash Wednesday, Love Loaf donation boxes will be available on the tables near each church entrance. Please take one home for the Lenten season. We will collect them on Palm Sunday. All monies will go to one or two food-providing charities.

**MARDI GRAS POTLUCK—CAJUN STYLE**

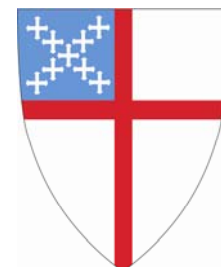
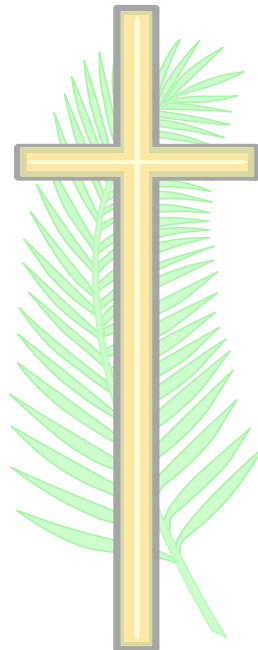
Everyone is invited to a Cajun potluck dinner at 5:30 pm in the parish hall on Tuesday, Feb. 16. Bring your favorite dish, your friends and family, and help us celebrate Mardi Gras!

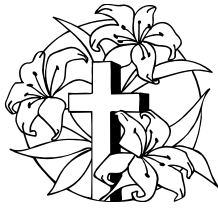
**LENTEN BOOK STUDY**

Please join Christine Havens for three Sundays in Lent: March 14, 21, and 28, from 9:15 - 10:00 am, for a discussion of selections from medieval Christian mystic and visionary Hildegard of Bingen's work, *Scivias (Know the Ways of the Lord)*. Packets will be available in the church office on Feb. 21; please contact Christine if interested.

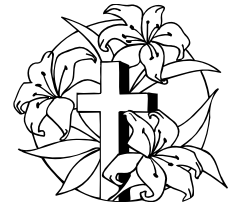
**EASTER FLOWERS**

Please consider giving an offering for Easter flowers. Envelopes for flowers can be found on the tables near each entrance. Donations of \$15 will help cover the cost of either an Easter lily or a white mum. See Kathleen Sallee or Cindy Kline if you have further questions





TRINITY EPISCOPAL PARISH  
LENT AND HOLY WEEK 2010  
CALENDAR



**Tuesday February 16**  
5:30 pm Mardi Gras Potluck

**Ash Wednesday February 17**  
10:00 am Holy Eucharist  
6:30 pm Holy Eucharist

**Sunday February 21 1 Lent**  
**Bishop's Visit**  
10:30 am Holy Eucharist  
Noon Bishop's Reception

**Wednesday February 24**  
9:00 am Lectionary Bible Study  
5:00 pm Lenten Soup Supper & Forum  
Guest speaker: Marvin Spencer

**Wednesday March 3**  
9:00 am Lectionary Bible Study  
5:00 pm Lenten Soup Supper & Forum

**Wednesday March 10**  
9:00 am Lectionary Bible Study  
5:00 pm Lenten Soup Supper & Forum

**Sunday March 14**  
9:00 am Book study

**Wednesday March 17**  
9:00 am Lectionary Bible Study  
5:00 pm Lenten Soup Supper & Forum

**Sunday March 21**  
9:00 am Book study

**Wednesday March 24**  
9:00 am Lectionary Bible Study  
5:00 pm Lenten Soup Supper & Forum

**Holy Week**

**Palm Sunday March 28**  
8:00 am Holy Eucharist  
9:00 am Book study  
10:30 am Holy Eucharist

**Monday March 29**  
5:30 pm Requiem

**Wednesday March 31**  
9:00 am Lectionary Bible Study  
10:00 am Holy Eucharist  
6:30 pm Tenebrae

**Maundy Thursday April 1**  
5:30 pm Agape Meal  
6:30 pm Holy Eucharist

**Good Friday April 2**  
10:00 am Holy Eucharist  
6:30 pm Holy Eucharist

**Holy Saturday April 3**  
8:00 pm Easter Vigil

**Easter Sunday April 4**  
10:30 am Holy Eucharist



## Trinity Episcopal Parish

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Waterloo, IA 50701  
Phone: 319-232-4714  
Fax: 319-232-9085

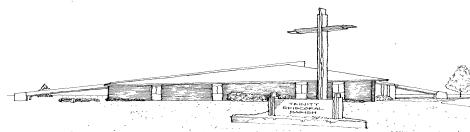
E-mail: [tepiscopal@waterlootrinity.com](mailto:tepiscopal@waterlootrinity.com)

## Address Service Requested

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Permit No. 1764



Our mission is to grow as a faithful community through which all people can deepen companionship with God and each other in Christ, through the Spirit, and participate in God's continuing work in the world.



### OUR MINISTERS

The Bishop of Iowa  
The Rector  
The Deacon  
Music Director/Organist  
Senior Warden  
Junior Warden  
Treasurer  
Parish Admin. Coordinator  
Parish Registrar  
Christian Formation Director  
Pastoral Care Coordinators

The Rt. Rev Alan Scarfe  
The Rev. Mitchell Smith  
The Rev. Charles Lane  
Jo Capoccioni  
Samuel Lyndon Gladden  
Eric Thorson  
Jerold Raber  
Christine Havens  
Ginny Schoneberg  
Carol Houk  
Sue McClure  
Debbie Lane

### Worship

**Sunday** 8:00 AM Holy Eucharist  
10:30 AM Holy Eucharist  
10:30 AM Children's Chapel

**2nd Sunday of the Month**  
5:00 PM Recovery Service

**Wednesday** 10:00 AM Eucharist

**1st & 3rd Thursdays of each Month**  
7:00 PM Compline

*Our mission is to grow as a faithful community through which all people can deepen companionship with God and each other in Christ, through the Spirit, and participate in God's continuing*